

## Sport Premium Review of last year's spend and key achievements (2023/2024)

## **Key achievements:**

Winners of the Catholic School Cross Country.

Girls Netball Yr6 team finished 3rd in the Catholic Schools Netball Competition.

Whole school participation in the Mini Marathon in Schools.

50 children participated in the Mini Marathon at the Mall.

Record number of children represented the school.

The highest number of Girls football games in an academic year.

A higher number of external coaches/specialists delivering P.E. and sports across the Federation.

The record number of children participating in a sporting club.

The most experienced days we have had in an academic year.

Quickest boy in Croydon - Yr3.

Third quickest boy in Croydon - Yr4.

4th place in Boys Long Jump - Yr5.

Semi finalist in Girls and Boys sprints - Yr6.

Winner of Boys Catholic Cross Country Yr3/4 race.

Winner of Girls Catholic Cross Country Yr3/4 race.

Second place in Boys Catholic Cross Country Yr3/4 race.

5th place in Girls Catholic Cross Country Yr5/6 race.

Key: Blue = individual events.

Activity/Action	Impact	Comments
Make sure the children are active throughout the school day with constant brain breaks.	Jump Start Jonny significantly improved engagement and helped children stay focused during lessons. Skipping ropes were made available to every child and used throughout the day, promoting physical activity and boosting concentration. Additionally, GetSet4PE brain breaks were a fantastic tool during the Christmas period, providing a fun and energising way to break up lessons and enhance student engagement.	<ul> <li>This will continue in the 24/25 academic year.</li> <li>KS2 should do more Jump Start Jonny as his videos as brain breaks have a positive impact in KS1.</li> </ul>
Inspire children to be active in their lives by having visitors come in and deliver a skilled workshop.	Every experience day was a resounding success, capturing the imaginations of the children and providing them with opportunities to try activities they might not typically experience. Some were so popular that the organisers have been invited back, and new after-school clubs have been established as a result. A standout moment was the Jump Start Jonny session, where both children and staff got active together, creating a vibrant and energising atmosphere.	<ul> <li>Pupil, staff and parent voice indicate that these experience days were a resounding success.</li> <li>They provided a real buzz around the school and raised the profile of P.E. and sports opportunities and careers.</li> <li>More will take place in the 24/25 academic year.</li> </ul>
Children have opportunities to experience a wide range of sports and activities.	A special sports day was organised for all children, inspired by the Olympics taking place in Paris that summer. The event featured activities like Archery and Relay races, giving every child the chance to experience new and exciting sports. This day not only celebrated the Olympic spirit but also encouraged broad participation and exploration of different athletic disciplines.	<ul> <li>Enrichment provided as Premier Sport delivered multisport days for children.</li> <li>Children enjoyed honing their skills and abilities.</li> <li>The day was extremely inclusive and every child got to experience a new sport.</li> </ul>

<sup>&#</sup>x27;Together we can, with Christ by our Side.'

	A wider range of clubs delivered across the Federation. This enabled us to identify children with talent in different sports and signpost them to clubs in the local area.	
Children have opportunities to represent the school in competitive sports.	This year, we actively participated in various sporting events, including football leagues and tournaments, as well as CSSP competitions like KS1 Multiskills and the Croydon Athletics meet. These opportunities allowed students to showcase their skills, foster teamwork, and build a strong sense of school pride through sports.	<ul> <li>Children in KS2 entered a range of competitions.</li> <li>Some KS1 children experienced competitive sport beyond the Federation. This can be built upon next year.</li> </ul>
KS2 have access to swimming lessons.	Swimming lessons have a significant impact on children in KS2, offering numerous benefits. Firstly, they build essential water safety skills and confidence, equipping children with the ability to stay safe in and around water. Secondly, swimming enhances physical fitness, improving strength, coordination and endurance in a fun and engaging way. Lastly, these lessons boost self-esteem and resilience as children master new techniques and overcome challenges, fostering a sense of achievement that carries over into other areas of their lives.	<ul> <li>These were the first lessons since COVID</li> <li>The children love going swimming.</li> <li>Additionally, they love the challenge of moving onto the more advanced group throughout the block of sessions.</li> <li>Children unable to swim are now able to develop skills.</li> <li>Three year plan created.</li> </ul>
Children in the school have access to free sports clubs.	At St Joseph's, free sports clubs have a tremendous positive impact on our children. They ensure that all students, regardless of background, have equal opportunities to engage in physical activity, promoting inclusivity and teamwork. These clubs help improve physical health and mental well-being by encouraging regular exercise and reducing stress. Additionally, they foster a sense of belonging and school community, as children build	<ul> <li>It was great to see organised activities happening in the playground.</li> <li>Additionally, more children were experiencing the competitive side of sports in Summer Term when matches were happening at lunch time.</li> </ul>

	friendships and develop a love for sports in a supportive environment.	
To ensure children with additional needs participate in P.E. / sports across the school.	At St Joseph's, investing in inclusive equipment has had a significant positive impact on our children. Firstly, it ensures that all students, regardless of ability or needs, can actively participate in sports and physical activities, promoting inclusivity and boosting confidence. Secondly, it helps foster a culture of empathy and understanding, as children learn to support and collaborate with peers of diverse abilities, strengthening the school community.	<ul> <li>Some wonderful equipment was ordered to help children with SEN making P.E. lessons more inclusive and there were more pupils engaged in lessons.</li> </ul>
Staff Training	Staff training at St Joseph's had a significant positive impact on the mental well-being of our leaders, fostering confidence and reducing stress. This, in turn, led to an improvement in the delivery of PE, ensuring high-quality, engaging sessions for all pupils. Additionally, the training inspired the creation of a Pupil Voice Club, where children actively contributed by deciding which sports they experienced each week, further enhancing their enjoyment and ownership of physical education.	<ul> <li>Enabled leaders to create a strategic plan for the development of P.E. and sport.</li> <li>Enhanced staff subject knowledge and increased their confidence to teach P.E.</li> </ul>
Every Infant child's participation in Outdoor Learning.	Buying every child an all-in-one waterproof suit at St Joseph's has had a positive impact on outdoor learning. It ensures that children can fully participate in activities regardless of the weather, leading to increased engagement and comfort. This gear has allowed for more diverse outdoor learning opportunities, from nature walks to hands-on science lessons, while also improving students' well-being by keeping them warm and dry, enhancing their overall learning experience.	- EYFS used these really effectively and were in the Forest School 'whatever the weather' - developing fine and gross motor skills.

Promote physical development in EYFS	Buying outdoor equipment for EYFS children at St Joseph's has had a positive impact on their fine and gross motor skills. Activities like using balance beams, outdoor tools, and small play toys help develop strength, coordination, and balance, improving their gross motor skills. Additionally, tasks such as building structures and handling smaller objects enhance their fine motor skills, supporting hand-eye coordination and dexterity in a fun and engaging environment.	<ul> <li>Was great to see all the new equipment in the new Reception classes throughout the year.</li> <li>It was a regular part of their days and the structures being built were quite phenomenal.</li> </ul>
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## Swimming Data - Yr6 23/24

Meeting National Curriculum requirements for swimming and water safety.

Priority should always be given to ensuring that pupils can perform safe self-rescue even if they do not fully meet the first two requirements of the National Curriculum programme of study

Question	Stats:	<u>Further context</u>
		Relative to local challenges
What percentage of your current Year 6 cohort can swim competently, confidently and proficiently over a distance of at least 25 metres?	60%	<ul> <li>Due to the pandemic this cohort missed out on 3 years of swimming lessons.</li> <li>In 2023, West Norwood Leisure Centre roof was being mended, therefore we were unable to book lessons there.</li> <li>We did search for alternative venues, however with the backlog due to COVID, all appropriate venues were fully booked.</li> <li>Not many children have had swimming lessons outside of school.</li> </ul>
What percentage of your current Year 6 cohort can use a range of strokes effectively [for example, front crawl, backstroke, and breaststroke]?	55%	<ul> <li>For target reasons outlined above most of our children were new to swimming this year. As such instead of the children having 6-8 swimming sessions/year, we extended the length of their lessons for the whole autumn term. Many children made good progress.</li> <li>In Autumn 1, we also sent our P.E. Specialist who is a swimming teacher to swimming with this cohort. She entered the pool with the children to support.</li> </ul>
What percentage of your current Year 6 cohort are able to perform safe self-rescue in different water-based situations?	70%	<ul> <li>As in the first box, to improve the percentage of children able to do this, the swimming offering was extended for the full Autumn Term.</li> <li>This percentage was slightly higher than the first 2 because all the children are taught how to perform safe self-rescue in the depth of the pool their lesson is in.</li> </ul>

If your school's swimming data is below national expectation, you can choose to use the Primary PE and sport premium to provide additional top-up sessions for those pupils that did not meet National Curriculum requirements after the completion of core lessons. Have you done this?		We are aware that our children have missed out on 3 years of swimming due to COVID. Due to this, we created a 3 year swimming plan. This plan will hopefully allow the children to catch up as much as possible throughout their time at the school.  We are giving each year one full term of swimming going forward until the end of the 25/26 academic year. This ought to help improve every child's swimming ability and meet the end of KS2 objectives. This academic year (24/25) Year 6 will be having half a term during AUT2 and half a term during SUM2.
Have you provided CPD to improve the knowledge and confidence of staff to be able to teach swimming and water safety?	· -	No = West Norwood Leisure Centre provides skilled swimming teachers during the sessions. They teach the children swimming.

## Signed off by:

Head Teacher:	Danielle Ashley
Subject Leader or the individual responsible for the	Simon Abrahams
Primary PE and sport premium:	
Date:	13.11.24