

National Sport Stacking Competition

20 – 21 May 2023

Cambridge



Foma Navarro

We left the house at 6 o'clock in the morning and drove on the M11 to Cambridge. We first stopped at McDonald's in Ely city center for breakfast. Then we headed to The Hive Leisure Centre where we checked in. Inside, we found a table and I began stacking. After that, I was instructed to go to the prelims(preparation for the judge's table). At the judges' table, I had three attempts. If I made a mistake, it would be a "scratch". But if I didn't, my time would be recorded and count towards my score.

I had to do three different types of stacks: 3-3-3, 3-6-3, and cycle. When we did the relay, one person had to sit out while the rest formed a group of four. The person starting the timer did their go and went to the end of the line once their turn finished. This continued until the last person finished their attempt and stopped the timer. The four other people in my group were Ciaran, Ethan, Jessica, and Lily May.

While watching other players stack, I noticed a technique (the 6-6 downstack) that made me faster in the cycle stack (3-6-3,6-6,10). I used that technique during the competition and was 10 seconds faster than before. I performed much better during the competition. When the time was over, we left and stayed at a Travelodge in Cambridge.

The next day, we watched TV and had some food. We left at roughly 8:05 for the competition at 9 o'clock. We did our individual stacks, and the girls went before the boys. After, was the shorties event (I didn't take part in this event).When the lunch break was over, I watched the older competitors do the relay and the stackout. The prize giving was very interesting.

Later, Jeremy, who was in charge of the competition, approached us and informed us that we had qualified for the European Nationals. I received a medal for being the second-place beginner. Jeremy mentioned that he would come to our school and present me with my shirt during assembly. He also said he'd come to St Joseph's to teach in the speed stacking club.(It's free at Thursday lunchtime.)

I highly recommend speed stacking to others because it is very inclusive and anyone can participate. All you need to do is practice.



My best times

- 3-3-3 = **5.545 seconds**
- 3-6-3 = **6.929 seconds**
- Cycle = **22.556 seconds**
- Relay (4 people doing cycle) = **33.649 seconds**



Thomas Navarro

2023 UK Sport Stacking Championships 2023

12U M Individual / United Kingdom

Prelims

Prelims			Finals		
3-3-3	#7	5.691 (S, 5.691, 6.127)	→	#7	5.545 (5.602, 5.604, 5.545)
3-6-3	#7	7.803 (S, 8.972, 7.803)	→	#6	6.929 (7.019, 6.929, 6.936)
Cycle	#6	24.486 (24.569, 27.088, 24.486)	→	#7	22.556 (36.148, 23.860, 22.556)
All Around	#7	37.980 (5.691, 7.803, 24.486)	→	#7	35.030 (5.545, 6.929, 22.556)

18U Doubles / United Kingdom

Thomas Navarro & Lillie-May Margetson

Prelims

Cycle	#11	31.618 (34.214, 31.618, 33.622)
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Child/Parent 10U Doubles / United Kingdom

Thomas Navarro & Dave Navarro

Prelims

Cycle	#5	Scratch (S, S, S)
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18U Relay /

The 8.8's Ciaran Cook, Jessica Holtam, Thomas Navarro, Lillie-May Margetson, Ethan Willis

Prelims

Prelims			Finals		
3-6-3	#4	32.967 (35.146, 32.967, S)	→	#4	33.649 (39.131, S, 33.649)

My cycle video



Team relay

