

CONFIDENTIAL SUPPORT FOR ALL STAFF

Are you having a difficult time and feel you need some advice on any of these issues and more?

CALL: 0800 174 319

Our counselling and information service is **free** and **confidential**.

- Alcohol & drugs
- Benefits
- Bereavement
- Budgeting
- Bullying & harassment
- Conflict
- Consumer issues
- Credit cards
- Debt
- Dependent care
- Divorce/separation
- Family issues
- Faulty goods

- General financial planning
- General information
- Housing
- Landlord/tenant issues
- Loans and overdrafts
- Management support
- Maternity leave
- Motoring offences
- Noisy neighbours
- Power of attorney
- Relationships
- Stress & anxiety
- Wills and inheritance

Available
24/7

ELAS Rewards
Employee Assistance Programme

- Confidential counselling
- Practical, expert advice
- Available 24/7, 365 days a year

24/7 freephone:

Call: **0800 174 319**

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**TOP TIP: DON'T FORGET TO
KEEP A COPY OF YOUR CARD
SOMEWHERE HANDY!**

08450 50 40 60 www.elas.uk.com

ELAS
Rewards