

**STEP 1** Choose from...

Meat or Fish option

OR

Vegetarian option

OR

Jacket Potato

**STEP 2** To go with Vegetables / Salad

**STEP 3** Then add

**STEP 4** ...and to finish!

Choose from a tasty selection of Puddings

Bread and Salad will be available at Lunch Times

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|---|---|---|---|---|
| Butchers Sausage  | Chicken Balti   | Roast Beef & Yorkshire Pudding  | Meatballs with Tomato Sauce   | Cod in Batter   |
| OR  | OR  | OR  | OR  | OR  |
| Vegetable Roulade   | Vegetable Stir-fry  | Quorn Chilli Tacos  | Bean & Vegetable Cottage Pie  | Pizza   |
| OR  | OR  | OR  | OR  | OR  |
| Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw | Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw | Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw | Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw | Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw |
| Baked Beans   | Broccoli  | Cabbage   | Cauliflower   | Peas  |
| Green Beans   | Carrots   | Mixed Veg   |   | Baked Beans   |
| Mashed Potato   | Mixed Rice  | Roast Potatoes  | Mixed Pasta   | Chips   |
|   | Noodles   | Steamed Rice  | Homemade Garlic Bread   |   |
| Cocoa Brownie   | Pineapple Upside-down Pudding and Custard                               | Cornflake Crunchie  | Pear Bakewell and Vanilla Sauce   | Chocolate Orange Cheesecake   |
| OR  | OR  | OR  | OR  | OR  |
| Cheese & Biscuits<br>Fresh Fruit & Yogurts                              | Cheese & Biscuits<br>Fresh Fruit & Yogurts                              | Cheese & Biscuits<br>Fresh Fruit & Yogurts                              | Cheese & Biscuits<br>Fresh Fruit & Yogurts                              | Cheese & Biscuits<br>Fresh Fruit & Yogurts                              |

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| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|---|---|---|---|---|
| Chinese Chicken   | Tuna & Sweetcorn Pasta Bake   | Roast Turkey with Stuffing  | Beef Enchilada  | Cod in Batter   |
| OR  | OR  | OR  | OR  | OR  |
| Tomato & Basil Quiche   | Veggie Sausage Stew   | Vegetable Bolognese   | Pasta with Lentil & Pepper Sauce  | Quorn Burritos  |
| OR  | OR  | OR  | OR  | OR  |
| Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw | Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw | Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw | Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw | Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw |
| Green Beans   | Broccoli  | Mixed Veg   | Carrots   | Peas  |
| Cauliflower   |   |   |   | Baked Beans   |
| Steamed Rice  | Mixed Pasta   | Roast Potatoes  | Tortilla  | Chips   |
| OR  |   | OR  | OR  |   |
| New Potatoes  |   | Spaghetti   | Mixed Pasta   |   |
| Raspberry Ripple Roll   | Plum & Ginger Upside Down Cake and Custard                              | Butterscotch Mousse   | Cherry Meringue Pie   | Apricot Flapjack  |
| OR  | OR  | OR  | OR  | OR  |
| Cheese & Biscuits<br>Fresh Fruit & Yogurts                              | Cheese & Biscuits<br>Fresh Fruit & Yogurts                              | Cheese & Biscuits<br>Fresh Fruit & Yogurts                              | Cheese & Biscuits<br>Fresh Fruit & Yogurts                              | Cheese & Biscuits<br>Fresh Fruit & Yogurts                              |

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## MONDAY

Chicken Mozzarella Bake

OR

Vegetable, Pea & Potato Curry

OR

Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw

Mixed Veg

Mixed Rice

Apple Crumble and Custard

OR

Cheese & Biscuits  
Fresh Fruit & Yogurts

## TUESDAY

Beef in Black Bean Sauce

OR

Broc-cauli Pasta Bake

OR

Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw

Broccoli

Carrots

Noodles

Garlic Bread

Chocolate Cracknell

OR

Cheese & Biscuits  
Fresh Fruit & Yogurts

## WEDNESDAY

Roast Chicken with Stuffing

OR

Quorn Fillet

OR

Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw

Green Beans

Roast Potatoes

Strawberry Mess

OR

Cheese & Biscuits  
Fresh Fruit & Yogurts

## THURSDAY

Lamb & Vegetable Pie

OR

Italian Bean Bake

OR

Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw

Sweetcorn

Mashed Potato

Pasta

Marbled Sponge and Custard

OR

Cheese & Biscuits  
Fresh Fruit & Yogurts

## FRIDAY

Cod in Batter

OR

Quorn Hotdog

OR

Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw

Peas

Baked Beans

Chips

Orange Drizzle

OR

Cheese & Biscuits  
Fresh Fruit & Yogurts