

STEP 1

Choose from...

Meat or Fish option

or

Vegetarian option

or

Jacket Potato



STEP 2

**To go with
Vegetables / Salad**



STEP 3

Then add



STEP 4

...and to finish!

Choose from a tasty selection of Puddings



Bread and Salad will be available at Lunch Times

MONDAY

Beef Wrap

or

Quorn & Vegetable Pie

or

Salmon & Tomato,
Grated Cheese,
Tuna & Sweetcorn,
Baked Beans, Coleslaw

Peas

Carrots

Potato Wedges

Raspberry Mousse

or

Cheese & Biscuits
Fresh Fruit & Yogurts

TUESDAY

Chicken Tikka

or

Red Lentil & Cheese
Enchiladas

or

Salmon & Tomato,
Grated Cheese,
Tuna & Sweetcorn,
Baked Beans, Coleslaw

Cauliflower

Sweetcorn

Mixed Rice

Pear Sponge
and Chocolate Sauce

or

Cheese & Biscuits
Fresh Fruit & Yogurts

WEDNESDAY

Roast Turkey with
Stuffing

or

Quorn Fillet

or

Salmon & Tomato,
Grated Cheese,
Tuna & Sweetcorn,
Baked Beans, Coleslaw

Broccoli

Carrots

Roast Potatoes

or

Mashed Potato

Bananas & Custard

or

Cheese & Biscuits
Fresh Fruit & Yogurts

THURSDAY

Beef Lasagne

or

Veggie Burgerdillas

or

Salmon & Tomato,
Grated Cheese,
Tuna & Sweetcorn,
Baked Beans, Coleslaw

Green Beans

Side Salad

Homemade Garlic Bread

or

New Potatoes

Summer Crumble
and Vanilla Sauce

or

Cheese & Biscuits
Fresh Fruit & Yogurts

FRIDAY

Cod in Batter

or

Pizza

or

Salmon & Tomato,
Grated Cheese,
Tuna & Sweetcorn,
Baked Beans, Coleslaw

Baked Beans

Peas

Chips

Summer Fruit
Strawberry Jelly

or

Cheese & Biscuits
Fresh Fruit & Yogurts

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Vegetarian option

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Burger	Creamy Chicken Tagliatelle	Roast Beef & Yorkshire Pudding	Baked Country Chicken	Fish Fingers
or	or	or	or	or
Pasta Neapolitan	Turkish Flatbread	Quorn Fillet	Roasted Vegetable & Cheese Tart	Quorn Vegetable Tikka
or	or	or	or	or
Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw	Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw	Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw	Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw	Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw
Baked Beans	Broccoli	Mixed Veg	Carrots	Baked Beans
Side Salad	Side Salad		Broccoli	Peas
Potato Wedges	Mixed Pasta	Roast Potatoes	Mashed Potato	Chips
or		or		or
Mixed Pasta		New Potatoes		Turmeric Rice
Strawberry Milkshake & Cookie	Apple & Date Cake and Custard	Raspberry Yoghurt Ice Cream	Pear & Cinnamon Bake and Custard	Apple Flapjack
or	or	or	or	or
Cheese & Biscuits Fresh Fruit & Yogurts	Cheese & Biscuits Fresh Fruit & Yogurts	Cheese & Biscuits Fresh Fruit & Yogurts	Cheese & Biscuits Fresh Fruit & Yogurts	Cheese & Biscuits Fresh Fruit & Yogurts

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MONDAY

Sticky Chicken

OR

Cauliflower Curry

OR

Salmon & Tomato,
Grated Cheese,
Tuna & Sweetcorn,
Baked Beans, Coleslaw

Green Beans

Carrots

Mixed Rice

Chocolate Orange Cake
and Custard

OR

Cheese & Biscuits
Fresh Fruit & Yogurts

TUESDAY

Lamb Burger

OR

Courgette, Basil &
Mozzarella Tart

OR

Salmon & Tomato,
Grated Cheese,
Tuna & Sweetcorn,
Baked Beans, Coleslaw

Broccoli

Side Salad

New Potatoes

Raspberry Ice Smoothie

OR

Cheese & Biscuits
Fresh Fruit & Yogurts

WEDNESDAY

Roast Chicken with
Stuffing

OR

Quorn Fillet

OR

Salmon & Tomato,
Grated Cheese,
Tuna & Sweetcorn,
Baked Beans, Coleslaw

Carrots

Peas

Roast Potatoes

Mandarin Cheesecake

OR

Cheese & Biscuits
Fresh Fruit & Yogurts

THURSDAY

Minced Beef Pasta

OR

Vegetable Cottage Pie

OR

Salmon & Tomato,
Grated Cheese,
Tuna & Sweetcorn,
Baked Beans, Coleslaw

Sweetcorn

Broccoli

Mashed Potato

Apple & Cinnamon Layer
and Custard

OR

Cheese & Biscuits
Fresh Fruit & Yogurts

FRIDAY

Cod in Batter

OR

Vegetable Chow Mein

OR

Salmon & Tomato,
Grated Cheese,
Tuna & Sweetcorn,
Baked Beans, Coleslaw

Baked Beans

Peas

Chips

OR

Noodles

Fruit Lolly

OR

Cheese & Biscuits
Fresh Fruit & Yogurts